INTERNSHIPS AT ABOLISHION

Internships are a great way to work with Abolishion, gain a better understanding of anti-trafficking work as well as practically help to make the world a better place. Here are some questions people often ask when it comes to doing an internship.

What will I do?

At Abolishion we aim to create an internship based on utilising the skill sets and professional talents that you already have to fight human trafficking. On the flip side of that we do expect that you will be a team player and do whatever it takes to get the work done. Past interns have been involved in researching best practice for our shelter as well as being involved in working groups to set up the inner workings of the shelter. They have also been involved in prevention campaigns in both Romania and Moldova. Others have been involved in fundraising campaigns.

Where will the internship be?

We currently operate all of our internships out of Oradea, Romania.

How long is an internship?

We offer internships from 1 to 3 months. Our preference is 3 months in order for you to get a deepened understanding of the work. A longer stay can be arranged in special circumstances, though for non-EU visitors this will involve obtaining a visa. Costs incurred for visas will be the intern's responsibility.

What language is the internship in?

Our office operates in both English and Romanian. If you speak either of these languages you will be able to be a part. If you want to learn Romanian we are able to arrange language lessons with a local teacher. This can involve Skype lessons before you arrive to give you a head start. Lesson costs will be quoted upon request.

Where will I stay?

We have a number of options for interns requiring accommodation:

- Staying with a Romanian family (subject to availability)
- Renting an apartment short term

You can choose to do your own grocery shopping and cooking or contribute to whatever the family is eating.

How will I get around?

Oradea has a good tram and bus network as well as many low cost taxis that can help you to get around and feel independent. Uber does not currently operate in Oradea.

Are there opportunities to mix with the locals?

We can connect you to local football teams and churches where you can make friends and feel what it's like to live like a Romanian. The local cinema shows films in English. You will find the Romanian people keen to make international friends.

What are the hours?

Hours are generally Monday to Friday from 9am to 5pm. Exceptions do arise to this if we are on a trip, doing an outreach or running events.

What will it cost? The cost of an internship depends largely on how you choose to live. If we have a number of interns coming at the same time often you can choose to rent an apartment together reducing costs further. Here's an estimate of what to expect: **Living Costs: Per Month** Monthly Tram Ticket 20€ Local Mobile Phone service with internet 12€ Food (depends largely on what you like to eat 150€ and how often you eat out)

300€

50€

Other Costs May Include:

Utilities (electricity, Internet)

apartment)

Shuttle to Budapest Airport – One way	25€
Hotel Costs for any team trips	50€ per night
Cinema Tickets	5€

How do I get there?

Oradea has the Oradea International Airport however most people fly into Budapest Airport in Hungary and catch a shuttle from there. The shuttle takes about 3.5 hours.

How do I apply to become an intern?

Rent (average short term rent for a furnished

Note: this could be shared with other students

Fill in the attached internship form and email it to info@abolishion.org. Our Volunteer Coordinator will then arrange an interview where we can discuss your application in person and answer any questions you might have. It also gives you an opportunity to find out what we have planned in the internship period and if any extra travel is likely.

What do I n	eed to do once I have been accepted as an intern?
You will nee	d to provide our Volunteer Coordinator with copies of the following:
Sign	ned Volunteer Contract and policies
Pass	sport
Poli	ce Check
☐ Wo	rking With Children Check (Australian Residents)

- ☐ International Driver's License (if you have your license)
- Travel Insurance
- ☐ List of Emergency Contacts
- Registered Travel with Smart Traveller¹
- ☐ Visa (if required)

What if I have other questions?

Please send them to our Volunteer Coordinator at info@abolishion.org.

We hope that you do consider doing an internship with us!

The Abolishion Team	

BOLISHIO

¹ Australian travelers only

ABOLISHION

INTERN APPLICATION FORM

First Name:Surname:
Address:
Date of Birth: / / (dd/mm/yyyy)
Citizenship:
When would you like your internship to be: From / to / to /
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Why do you want to intern with Abolishion?
What do you hope to gain from this experience?
What skills and experiences do you have that you think will help Abolishion's work?
Is there a particular area of Abolishion's work you are interested in?
Why should Abolishion choose you as an intern?
Please forward this completed form <u>and your CV</u> to the Volunteer Coordinator at
info@abolishion.org.

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